

Staying at home with a toddler- Week 5 Animal Themed					
Times	Monday Farm Animals	Tuesday African Animals	Wednesday Pond Life	Thursday Jungle Animals	Friday Ocean Animals
7am-8:30am	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play
8:30am-9am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9am	Smile and Learn Yoga for kids with animals	Smile and Learn Body Parts	Schools wake and Shake	Move and freeze	Trolls wake and shake
9am- 9:30am	Fine Motor: Straw threading	Fine Motor: Ping-pong Playdough maze	Fine Motor: Pulling of sequins off sticky back plastic	Fine Motor: Bug Rescue	Fine Motor: Coloured water and pipettes
9:30am-10am	Games/Puzzles	Games/Puzzles	Games/Puzzles	Games/Puzzles	Games/Puzzles
10am- 10:30am	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
10:30am- 11am	Snack	Snack	Snack	Snack	Snack
11:30am- 12noon	Learning time: Alphabet- Name upper and lower case letter matching	Learning time: Name practice- Name hunt in pasta	Learning time: Numbers- Counting beads on pipe cleaners	Learning time: Cutting skills - Long paper stuck to the table	Learning time: Shape recognition- Jumping on cut out shapes
12noon- 12:30pm	Lunch Time	Lunch Time	Lunch Time	Lunch Time	Lunch Time
12:30pm-1pm	Story time: What the ladybird heard by Julia Donaldson	Story time: The Lion Inside By Jim Field	Story time: Tadpoles Promise by Jeanne Willis	Story time: Neon Leon by Jane Clarke	Story time: Snail and the whale by Julia Donaldson
1pm-1:45pm	Sensory Activity: Muddy Farm Sensory Bin- Coco powder and corn flour	Sensory Activity: Sand and African animals sensory bin	Sensory Activity: Water/ pond themed sensory play	Sensory Activity: Green playdough & broccoli jungle sensory bin	Sensory Activity: Water play/ water beads and fish
1:45pm-2:15pm	Building: Tape Towers	Building: Magnetic maze	Building: Cups and lolly stick bridges	Building: Towers in shaving foam	Building: Lolly stick and play-dough construction
2:15pm- 3pm	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
3pm- 3:15pm	Snack	Snack	Snack	Snack	Snack
3:15pm- 3:30pm	Gross Motor: Throwing bean bags into hoops	Gross Motor: Painting circles with water—paint brush, water and a hula hoop	Gross Motor: Kick the cup targets—set up cups and use a soft ball.	Gross Motor: Walking with a balloon between your legs	Gross Motor: Rolling cereal-put cereal in a zip lock bag and roll with a rolling pin,
3:30pm-3:45pm	TABLET TIME Online Games: BBC Bitesize/ Cbeebies				
3:45pm-4:30pm	Arts & Crafts: Sheep craft	Arts & Crafts: Lion pom-pom craft	Arts & Crafts: Making Play-Dough	Arts & Crafts: Jungle binoculars	Arts & Crafts: Wave foil painting
4:30pm- 5pm	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
5pm-5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner
5:30pm-6pm	TV/ipad Time	TV/ipad Time	TV/ipad Time	TV/ipad Time	TV/ipad Time

Photos of activities to link with timetable (visual reference)					
Activities	Monday	Tuesday	Wednesday	Thursday	Friday
Active Activity	https://www.youtube.com/watch?v=5XCQfYsFa3Q&t=86s	https://www.youtube.com/watch?v=Sql-NMDLa8&t=81s	https://www.youtube.com/watch?v=1gUbdNbu6ak	https://www.youtube.com/watch?v=388Q44ReOWE	https://www.youtube.com/watch?v=KhfkYzUwYFk&list=PLeKnMJ9hpcLc_LOM4kL7SvzOG1sXaTgvi
Fine Motor					
Learning Time					
Reading Session	YouTube the books and you can watch them being read online.				
Sensory Activities					
Building					
Gross Motor Skills					
	https://www.bbc.co.uk/bitesize/topics/zjkphbk/articles/zd4b382 https://www.bbc.co.uk/cbeebies/games/age-and-needs/pre-school				
Arts & Crafts			See page 3 for play-dough recipe		

Play-dough recipe (ready for jungle sensory play tomorrow)

This is a great recipe for non-cook play-dough that I have been using for years .

It is from the imagination tree website:

<https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/>

Ingredients:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- food colouring (I am using green for my jungle theme tomorrow)
- few drops glycerine (secret ingredient for stretch and shine- note I don't use this but they suggest it on their website).
- *MY EXTRA INGREDIENT- To make it smell nice I add a packet of angel delight into my mix.*

Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients (add angel delight for smell OPTIONAL).
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right