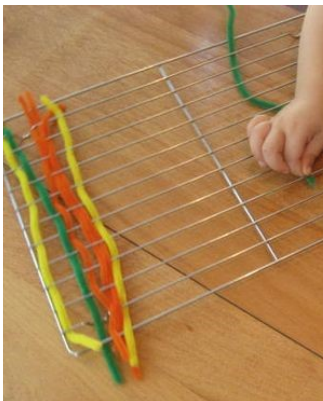























Daily activity timetable for toddlers - Week 7					
Times	Monday	Tuesday	Wednesday	Thursday	Friday
7am-8:30am	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play	Morning routine & Free Play
8:30am-9am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9am	Andy's Wild Workouts	Andy's Wild Workouts	Andy's Wild Workouts	Andy's Wild Workouts	Andy's Wild Workouts
9am- 9:30am	Fine Motor: Baking tray weaving	Fine Motor: Beads on patterns	Fine Motor: Water Bead hammering	Fine Motor: Picking thread/ pipe cleaners off sticky back plastic	Fine Motor: Straw threading
9:30am-10am	Games/Puzzles	Games/Puzzles	Games/Puzzles	Games/Puzzles	Games/Puzzles
10am- 10:30am	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
10:30am- 11am	Snack	Snack	Snack	Snack	Snack
11:30am- 12noon	Learning time: ALPHABET Match the letter (free printable on my website).	Learning time: NAME Post-it names	Learning time: NUMBERS Playing card number hunt	Learning time: CUTTING Straw Cutting	Learning time: SHAPES Rainbow Salt Shapes (Free printable on my website)
12noon- 12:30pm	Lunch Time	Lunch Time	Lunch Time	Lunch Time	Lunch Time
12:30pm-1pm	Story time: Traditional tales <i>The Three Little Pigs</i>	Story time: Traditional tales <i>The Gingerbread Man</i>	Story time: Traditional tales <i>The Billy Goats Gruff</i>	Story time: Traditional tales <i>The Little Red Hen</i>	Story time: Traditional tales <i>Little Red Riding Hood</i>
1pm-1:45pm	Exploration: Build houses out of bricks, straws and lolly sticks—try and blow them down	Exploration: Biscuit experiment— testing how quickly different biscuits crumble in the water. Is there a better biscuit the gingerbread man could be made out of?	Exploration: Cups and baking tray balancing/ or using paper and cups towers to balance toys on the top	Exploration: Baking session Rainbow cookies (See page 4)	Exploration: Walking water Using food colouring and paper towels
1:45pm-2:15pm	Gross Motor Activity: Ball transfer using your feet	Gross Motor Activity: Get the ball in the hole	Gross Motor Activity: Animal Movement (See page 3)	Gross Motor Activity: Pushing teddies in a laundry basket	Gross Motor Activity: Throwing balls into cups
2:15pm- 3pm	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
3pm- 3:15pm	Snack	Snack	Snack	Snack	Snack
3:15pm-3:45pm	Tablet Time- Numberblocks games on CBeebies				
3:45pm-4:30pm	Sensory/ Messy Play: Digger Sensory Bin	Sensory/ Messy Play: Whisking coloured bubbles	Sensory/ Messy Play: Sensory bin with tubes and funnels	Sensory/ Messy Play: Moon Sand and cutters	Sensory/ Messy Play: Planting sensory bin
4:30pm- 5pm	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play	Outside play/ inside free play
5pm-5:30pm	Dinner	Dinner	Dinner	Dinner	Dinner
5:30pm-6pm	TV/ipad Time	TV/ipad Time	TV/ipad Time	TV/ipad Time	TV/ipad Time

Photos of activities to link with timetable (visual reference)																														
Activities	Monday	Tuesday	Wednesday	Thursday	Friday																									
Active Activity	https://www.bbc.co.uk/programmes/p06tmmvz																													
Fine Motor																														
Learning Time	<div>letter and cover<div><table><tr><td>s</td><td>c</td><td>t</td><td>m</td></tr><tr><td>n</td><td>r</td><td>e</td><td>a</td></tr><tr><td>s</td><td>h</td><td>c</td><td>e</td></tr><tr><td>n</td><td>s</td><td>d</td><td>e</td></tr><tr><td>p</td><td>a</td><td>k</td><td>t</td></tr><tr><td>d</td><td>s</td><td>t</td><td>c</td></tr></table></div><div>Colour Code:<div><div>m</div><div>a</div><div>s</div><div>d</div><div>t</div></div></div></div> <div></div> <div></div> <div><div>Rainbow Straw Scissor Skills</div></div> <div></div>	s	c	t	m	n	r	e	a	s	h	c	e	n	s	d	e	p	a	k	t	d	s	t	c	Links all on my website: https://www.thetoddleractivityguide.com/story-time				
s	c	t	m																											
n	r	e	a																											
s	h	c	e																											
n	s	d	e																											
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Exploration Activities					 <div>Walking Water Science Experiment</div>																									
Gross Motor			Animal Movement See Page 3																											
Tablet	https://www.bbc.co.uk/games/embed/cbeebies-numberblocks-ivor?exitGameUrl=https%3A%2F%2Fwww.bbc.co.uk%2Fcbeebies%2Fgames%2Fnumberblocks-make-and-play%3Fcollection%3Dfun-activities-for-toddlers-and-preschoolers																													
Sensory/ Messy Play		 <div>BUBBLE WHISK easy toddler activity</div>		 <div>MOON SAND Toddler Sensory Activity</div>																										

1. JUMPING STARFISH

Spread your arms and legs and jump like a little starfish.

2. GORILLA

Bend forward and make wide-legged forward jumps like a gorilla.

3. RUNNING MONKEY

To illustrate this exercise, imagine a running monkey. Thus, run and wave your hands and arms like a monkey. If you like, you can make the noises.

4. SNIFFING PUPPY

That's basically the puppy pose with a movement variation. From all-fours, take your hands out in front of you while lowering your chest towards the ground. And start sniffing around like a little puppy.

5. RABBIT

Hop like a bunny, hope on one leg, then the other and then both.

6. SNAP LIKE A CROCODILE

Open your arms wide and clap them back together

7. HORSE

A gallop like a horse.

8. KANGAROO JUMPS

For this exercise, you need specifically to try to make big jumps while holding your hands in front of you.

9. WALKING CRAB

Walking crab is a fun exercise that starts with a pli  . First, stand with your feet spaced shoulder-wide apart. Second, point your toes outwards. Third, put your arms in the air and make crab claws with your hands. Finally, squat as much as you can and start walking sideways, forwards and backwards like a real crab.

10. STOMPING ELEPHANT

Stomp elegantly like an elephant in a circle and at the same time move your trunk if you like.

11. SNAKE

Slither like a snake along the floor.

11. FROG

Frog leap- Crouch on the floor and leap into the air.

Teeny Tiny Mini Rainbow Cookies

Recipe from: <https://www.eatsamazing.co.uk/family-friendly-recipes/dessert-sweet-treat-recipes/teeny-tiny-mini-rainbow-cookies-recipe>

Ingredients

- 150g unsalted butter, at room temperature
- 120g golden granulated sugar
- 1 egg
- 2 tsp vanilla extract
- 220g plain flour
- 1/2 tsp bicarbonate of soda
- pinch salt
- 2 x 65g tub mini rainbow chocolate beans

Method:

Preheat the oven to 180°C (Gas mark 4/350°F). Line a couple of oven trays with non-stick baking paper.

Measure out the sugar and butter into a large bowl then beat with an electric whisk to combine.

Break the egg into the bowl and add the vanilla extract too. Beat again with the whisk to combine.

Sift in the flour, bicarbonate of soda and salt and gently fold in.

Pour in the mini rainbow chocolate beans and stir until they are evenly distributed throughout the dough.

Scoop up small pieces of the dough and roll into balls. I used a half tablespoon sized measuring spoon to keep my cookies evenly sized. You should get around 100 tiny cookies from the dough.

Place the balls of cookie dough on the baking trays, leaving plenty of space between them to allow for spreading. You may need to bake the cookies in two batches.



Bake in the oven for 5-8 minutes - keep a sharp eye on them as their small size means that these cookies are quite easy to burn.

Once cooked through and golden, remove from the oven and leave on the tray to cool for 5 minutes before transferring to a wire rack to finish cooling.